


innovative


ERGOTECH
INNOVATIVE ERGONOMIC SOLUTIONS



For over **30 YEARS** we've served customers:

- High quality, durable and long lasting ergonomic mounting solutions.
- Wide range of solutions which work with evolving environments, including open and shared spaces.
- An affordable investment that pays dividends in increased workplace productivity and efficiency.



Product shown FDM-PC-S01

Fatigue is Expensive

US Employers can expect to lose more than \$400 billion to fatigue related claims.

\$2,500 per employee per year in productivity cost

\$1,700 per employee per year in for missed days of work

\$3,000 per employee per year in increased health costs

A photograph of a person slumped over a wooden chair, illustrating fatigue. The person is wearing a white t-shirt and blue jeans, and their head is resting on the chair's backrest. The background is a plain, light-colored wall with a small table and a poster visible in the distance.

**\$3,500 per
employee
per year**

What is Fatigue?

A general term for feelings of sleepiness, exhaustion, burnout and tiredness that manifests in reduced performance capacity and increased effort to execute tasks at an expected level.





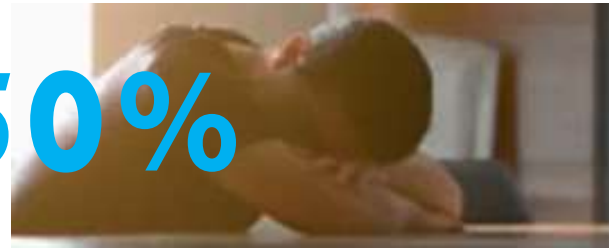
Fatigue is a W I D E S P R E A D Impairment

- Night Shift
- Early Morning Starts (before 7am)
- Irregular or Rotating Shifts
- Long Hours (10+)



Experienced decreased productivity

50%



Have had an employee
fall asleep on the job.

57%

reported absenteeism due to fatigue



**INJURIES &
NEAR MISSES**

due to **FATIGUE**

32%

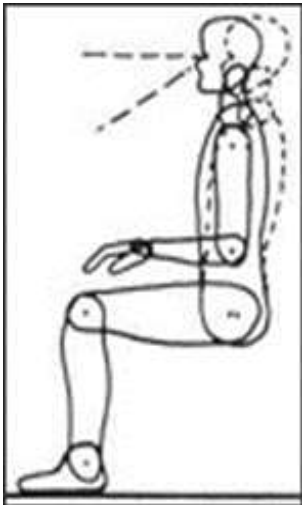


Reducing Fatigue

In Video Display Terminal Workstations

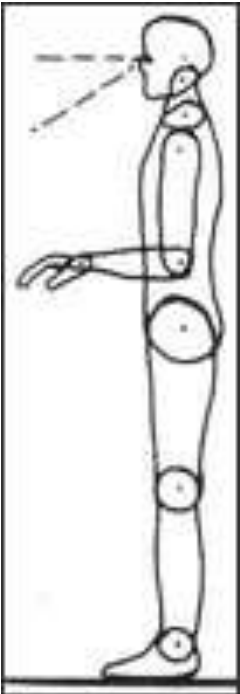
- Eliminate awkward body positions
- Reduce the potential of eyestrain
- Reduce the duration of static loads

NBP Seated



- Hands, wrists and forearms in- line and parallel to the floor.
- Head is level, forward facing, balanced and in-line with the torso.
- Shoulders are relaxed and upper arms hang normally to the side of the body.
- Elbows stay in close to the body and are bent between 90 and 120 degrees
- Feet are fully supported by the floor or a footrest may be used if the desk height is not adjustable.
- Back is fully supported with appropriate lumbar support when sitting vertical or leaning back slightly.
- Thighs and hips are supported and generally parallel to the floor.
- Knees are about the same height as the hips with the feet slightly forward.

NBP Standing



- Hands, wrists, and forearms are straight, in-line and roughly parallel to the floor.
- Head is level, forward facing, balanced, and in-line with the torso.
- Shoulders are relaxed and upper arms hang normally at the side of the body.
- Elbows stay in close to the body and are bent between 90 and 120 degrees.
- Legs, torso, neck, and head are approximately in-line and vertical with feet slightly apart.
- Knees are not locked.
- One foot maybe on a rest.

Flexibility

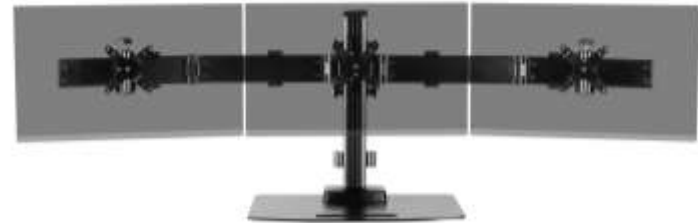
- Intuitive height adjustment
- Focal depth adjustment
- Independent arm movement



Products shown FDM-PC-S01 and 7FLEX-DUAL-ETUS-104

Flexibility

- Independent Monitor Movement
- Flexibility to create a curve
- Fine tune adjustment on each tilter
- Tilt to eliminate glare





Product shown FDM-STAND-2

REDUCE
the duration of
STATIC LOADS
With a desk converter

- Range of height adjustment
- Monitor mounts are incorporated
- Mouse & Keyboard are co-located at same height

Industrial Athlete



- **SIT to STAND** several times throughout the day with a **desktop converter**.
- Take the **stairs** instead of the elevator
- **WALK** to speak with a co-worker instead of emailing or calling
- Hold briefings while **STANDING**



- ErgotechGroup.com/Partners
- Cost calculator NSC.org/TiredAtWork
- NSC.org/FatigueKit
- GEM Instant Rebate (3% Off MSRP)
- Deal Registration
- Seed Units/ Table top samples

Marissa Rachjaibun

Channel Manager

610-559-6336

484-725-4908 cell

MarissaR@ErgotechGroup.com

Freedom Arm Dual FDM-PC-S02



MAP \$185

130 Triple 130-D16-B03



MAP \$205



Freedom E-Desk

FDM-EDESK



MAP\$399.99

Freedom E Stand FDM-E-STAND-3



MAP\$599.99